



Invest in Kids!

Proceeds go to PTAs in Fayette County Public Schools

**Date: 10/20/2013**

**Time: 1:30 Fun Run 2:30 5K**

**Pre-register by: 9/21/13**



**Entry fees:**

- \$10 for Pre-Registered Kids up to 18
- \$20 for Pre-Registered Adults
- \$25 (\$20 for kids) after 9/21/13 and \$25 for all on Race Day

**Register online at:**

<https://runsignup.com/Race/KY/Lexington/16thDistrictPTA5K>

Registration at the Embassy Suites 1801 Newtown Pike begins at 11:30 am

Course: Run with your school community through a lovely course in Coldstream Research Campus and the Legacy Trail

Amenities: T-shirt guaranteed for early pre-registered participants (by Sept 21), refreshments, fun activities provided by our Life Changing sponsor Baptist HealthwoRx and the YMCA . Other activities provided by sponsors and partners.

Race Packets: Pick up on Race Day



**A Healthy Lifestyles Event**

**PTA 5K Training Program**

Join together to train for the 5K! PTA is partnering with the YMCA to offer a training program. Sign up by August 24th!

*Recommended for adults, middle and high school*

**Kids Marathon!**

Elementary kids can track their miles and participate in Kids Marathon. If they will have run/walked 26.2 miles by the end of the fun run or 5K, they will get a marathon medal!

*Sign up by Aug 24th*

**5K AWARDS**

Overall Top 3 Male and Female, Plus top 3 Male and Female by Age Group—7 and under, 8-9,10-11,12-13,14-5, 16-17, 18-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

**AWARDS:** 3:30 at Embassy  
**RESULTS:** [www.fcps.net/pta](http://www.fcps.net/pta)

**Sponsored by:**



**Questions:**  
Phone: 859-533-3038  
Liza Holland  
[www.PTA5K.com](http://www.PTA5K.com)  
[16thDistrictPTA@gmail.com](mailto:16thDistrictPTA@gmail.com)



Checks made out to:  
**16th District PTA**  
Mail form and fee to:

16th District PTA 5K  
1126 Russell Cave Rd  
Lexington, KY 40505

- \$10 Kids up to 18 by Sept 21
- \$20 for Adults by Sept 21
- \$25 (\$20 for kids) thereafter and \$25 for all on Race Day

- \$3 for no shirt
- Donation \_\_\_\_\_

TOTAL: \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

School PTA to benefit \_\_\_\_\_

T-Shirt YM YL AS AM AL AXL AXXL AXXXL

Sex M F Age on race day \_\_\_\_\_

- PTA Training Program
- Kids Marathon
- Fun Run  5K

Waiver: In consideration of the acceptance of my entry, I for myself, my heirs, executors, and administrators, do hereby release and discharge the 16th District PTA, 16th District PTA Board Members, and all sponsors, volunteers, and associates of this event from any and all claims in said event. I certify that I have full knowledge of the risks involved in participating in this event, and I am physically fit and sufficiently trained to participate in this event. I also release publishing rights of photographs of me taken during The PTA 5K Run/Walk, or 1 Mile Fun Run/Walk, for purposes of publicity for this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 years of age. \_\_\_\_\_ Date \_\_\_\_\_